

# THE SUMMIT

A newsletter for the families and friends of Mt. Carmel United Methodist Church

## Dear Mt. Carmel Family and Friends,

As I write to you today, I am sitting in the fellowship hall of a church in San Juan, Puerto Rico. Thank you for your prayers and support for our youth and leaders on this trip. We arrived safely and without incident, though when we got here, we heard that another group that was to have come from Minnesota could not because their flight was canceled with the IT problems that affected their airline. I have been looking forward to this week with our youth and ask for your continued prayers as we seek to grow deeper with God.

It is my hope and prayer that we all will grow deeper in our faith this summer and fall. I invite you to prayerfully consider joining me in the reading of the book of Psalms and joining the 10-week Bible study starting the 3rd week of August. To coincide with this study, Robin and I have been working this past month to publish my book of 150 hymns based on each of the psalms. Lord willing it will be ready by the first week. I can share more about it then and how to order it or get a copy at church. (I might even have a book signing event!)

Lastly, I heard a week ago from the Finance Team that we are running a little behind on our giving to the church budget. I know this often happens through the summer months when people may be busy or gone on vacations.

Prayerfully, let me ask you to help us continue the good work of spreading the good news of Jesus by getting caught up on your pledge if you are behind or making a special summertime gift to God for the work of God's church.

Thank you kindly for your support!

Pastor Jeff



## August

**August 4**  
Communion  
Ephesians 4: 1-16  
"Body Builders"

**August 11**  
Ephesians 4: 25-5:2  
"Imitators of God"

**August 18**  
Ephesians 5: 15-20  
"Sing and Give Thanks"

**August 25**  
Ephesians 2: 11-22  
"The In's and Out's"



# Fellowship Opportunities



## Faith Night at the Frederick Keys

### August 10

Pastor Jeff has eleven \$10 tickets remaining.

Please see him Sunday morning or email him, if you would like one or more of them.

Gates will open early at 3:00 PM for a special pre-game performance from Waterboyz for Jesus! At 6pm cheer on the Frederick Keys as they take on MV Scrappers followed by fireworks.

## Live and Silent Auction | August 24

### Doors open at 6pm

### Auction begins at 7pm

We are beginning to place items at the far side on the Great Room that have been donated for the auction. The men's group will help collect items that people cannot bring in themselves. Please contact Pastor Jeff to coordinate the pickup.

The doors will be open at 6pm for people to look over items and to enjoy some refreshments before the action begins at 7pm. All monies collected will go to paying off the mortgage. The goal is to raise \$5000.

**We are inviting people to bring in items for the auction starting after worship on Sunday, August 11.**

Furniture and artwork have been popular items in the past, as have services like offering to make a dessert a month or offering a boat ride or week/weekend at a cabin if you have such an item.

## Lunch Bunch

### August 22 at 11:30am at Olive Garden

Everyone is invited to enjoy some fellowship and lunch at the Olive Garden on 5609 Spectrum Drive, Frederick. This event is sponsored by our Care Team. To help the team prepare, it is recommended to RSVP to Diane Sweeney at [JRSDBSweeney@aol.com](mailto:JRSDBSweeney@aol.com). Each person is responsible for the cost of their own food and beverage. For fall Lunch Bunch dates see page 4.

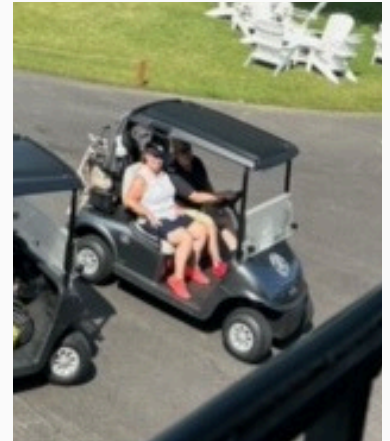






## The Golf Tournament Was A Success!

42 golfers teed off and had a great day! This year, we had Wounded Warriors playing with us, and our golfers enjoyed launching their drives with the golf cannon. Thank you to everyone who played, donated, and volunteered! We made over \$5000, which will be applied to the mortgage. Hope to see everyone back again next year!



## Brunch To Welcome Back Teachers



## New Bible Study Begins August 20 and 21 Book of Psalms Study

Read two or three Psalms a day and come to discuss them with Pastor Jeff and the class through October.

Every Tuesday at 11am at the Spring Ridge Senior Apartments starting on August 20

Every Wednesday at 7pm via Zoom starting on August 21

Read Psalms 1-18 for August 20 & 21

Go to the Adult Study page of our website to see the study guide for week 1 or in the first floor document center. To get the Zoom link contact the church office. Both are also in the Thursday Weekly Announcement.

# Care Team Corner

On June 1st the Care Ministry Team hosted our second pancake breakfast at the Spring Ridge Senior Center. Pastor Jeff, Barbara Lawson, Carol Ann Rowe, Diane Sweeney, Maureen Oakley, Terry Granger, and Trish Mason served 54 residents a hot, nutritious meal. The room was full of joy and delight! The next scheduled breakfast at SRSA is August 3rd.

June 13th's Care Team gathering was held at Lynn Harden's beautiful home. Summer Care Packages were assembled and later delivered to our ten shut-in/care receivers. We wish to sincerely thank the Middle School Sunday School Class, especially Lynne Stanker and Lyla Cooper, for all of their extra time and effort in creating these beautiful pillows!

Please let us know who could benefit from a "Get Well", "Thinking of You", or a "Sympathy" card. Don't forget about Mt. Carmel's prayer chain. Who could use a timely prayer!

Would you like to join the fun of participating with the Mt. Carmel Care Ministry Team!? Our meeting dates are the second Thursday of the month, and the next one is August 8th at 6:00 pm.



**Saturday, September 28th from 1-3 PM at Mt. Carmel – Health and Wellness Seminar** featuring The Love For Lochlin Foundation, Inc. offering seasonal flu shots. Stay tuned for information about guest speakers, snacks, educational materials and more.

About The Love For Lochlin Foundation, Inc: Their mission is to prevent, educate, and drive awareness to the deadly impacts of the Flu and Sepsis in Frederick County. In 2020, despite medical care, a beautiful and loving 5-year-old little boy named Lochlin passed away from flu-sepsis. This Non-profit was begun by his parents, William and Brooke DeSantis. They work tirelessly to see that no more lives are lost to the Flu or Sepsis due to the lack of access to resources needed in our community. "L4L" is a Registered 501 (c)(3) Non-profit organization. They are having a huge impact on our Frederick community as their calendar is full through the end of the year. Please check out their website and join us on September 28th for this important and worthwhile event!

Lunch Bunch dates and locations have been scheduled through December 2024. Please save the dates on your calendar and join us for lunch and fellowship!! We hope to see you at any of the restaurants listed below:

October 22nd (Tuesday) – Oscar's Alehouse 11:30 a.m.  
906 North East Street, Frederick, MD 21701

November 22nd (Friday) – Twin Arch Tavern 11:30 a.m.  
1001 Twin Arch Road, Mt. Airy, MD 21771

December 12th (Thursday) – Morgan's American Grill 12:00 noon  
11717 Old National Pike, New Market, MD 21774



## Hope 4 Kids Mission

Hope 4 Kids is a weekend food program started in 2012 by Mt Carmel and New Market UMC. It provides a weekend package of food to children in our community. School staff identify the needs of these children. Every week, a pack of food is sent home with the child to ensure they have a consistent source of nutrition on days they do not receive school meals.

During the 2023-2024 school year, Hope 4 Kids served around 90 students each week. Those schools served are: Deer Crossing Elementary School, New Market Elementary School, New Market Middle School, Oakdale Elementary School, Oakdale Middle School, and Blue Heron Elementary School.



a weekend food program

## How Can You Support This Important Mission?

There are several ways you can support Hope 4 Kids. Food for this program is purchased through the Maryland Food Bank and local stores. It takes around \$15,000 to fund Hope 4 Kids for the school year. Right now, they have about \$2000. Several community groups also financially support this mission. If you would like to help, make checks payable to Mt Carmel and put Hope 4 Kids in the memo.

You can also help by volunteering to help pack the bags or pick up food at the MD Food Bank or Sam's Club. Both orders are large and can take two vehicles to take the food to New Market UMC.

You can also help by attending the monthly packing times. All packings take place at New Market UMC in the yellow schoolhouse on the second Tuesday of each month at 6pm.

If you have any questions or would like more information on the volunteer positions contact Kelly at [hope4kids.foodpacks@gmail.com](mailto:hope4kids.foodpacks@gmail.com)

## Monthly Missions

We continue to collect for the Linton Shelter throughout the summer.

The August needs are: Bottled water, Individual snacks, Cans of coffee

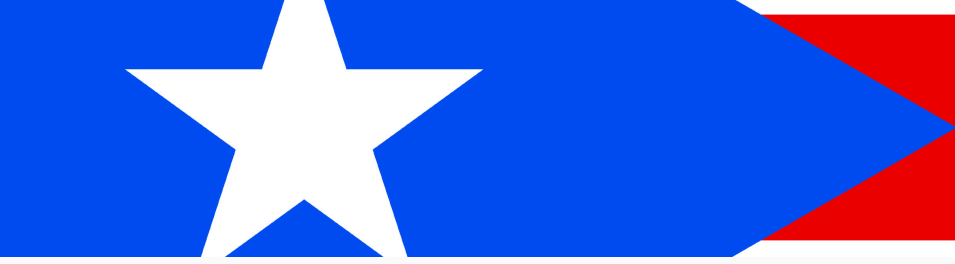
All collections can be dropped in the bin under the coat rack across from the Conference Room.

## Missionary Speaker September 1

The Rev. Julie Wilson is an ordained deacon from the Baltimore/Washington Conference serving as a program coordinator at the Open Arms Community Center in Winston-Salem, North Carolina. During the 9:30 and 11am services on September 1, we will hear a mission moment from her and she will be available to talk with people after each service. A special offering will be taken to support her work as a missionary.



OPEN ARMS COMMUNITY

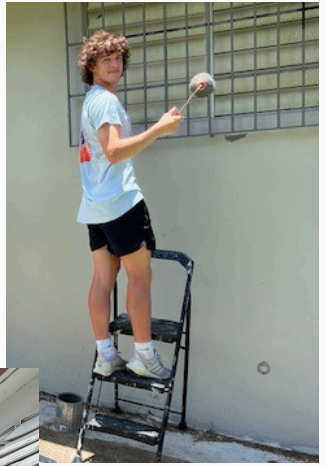


# Mission Trip to Puerto Rico

Our first stop on the island was to have Sunday lunch together and explore historic downtown San Juan. Though it was warm, according to my weather app, it was even warmer in Frederick. However, the humidity was much higher in Puerto Rico! Fortunately, the church where we were staying was air-conditioned. They blessed us with a taco dinner and then we had orientations, a review of rules and safety precautions, and even a fire drill. There was a time for learning about our theme for the week (which coincided with my sermon the following Sunday about being rooted and grounded in God's love. We closed each day with worship and individual church group time.

Throughout the week we did our mission work in teams made up of a mixture of youth and adults from three different youth groups there that week. Typically, we worked from 9-3 with both lunch and water breaks. Some of us painted a couple of individual houses helped sort and pack medicines for medical missions in Puerto Rico or Cuba, and packed and delivered food to hungry people in a poorer neighborhood near the church. By Thursday we got all of our work done, made new friends from the island and from other youth groups who were there, and grew deeper in our faith. We worshiped God together and heard individual testimonies one night and shared a powerful expression of serving with an experience of foot washing.

To see Pastor Jeff's daily summary email and more pictures of the trip go to the youth page of the Mt Carmel website.





# Hello August

## August Women's Fellowship

All women are invited to join the August gathering of the United Women of Faith which will be on Sunday, August 18 following the 11am service. We will be having a short meeting, and then working on Crismons! Come join us for crafting and fellowship. Before the meeting we will have a Sandwich and Salad Bar lunch. If you would like to donate food, please signup on the sheet in the first-floor Gathering Hall. If you have any questions, contact Rene at [r.ciampaglia1212@gmail.com](mailto:r.ciampaglia1212@gmail.com)



## United Methodist Men

All men are invited to the August gathering of the United Methodist Men's group. They will meet on Saturday, August 17 at 8am in the second floor Great Room for breakfast and to plan fall activities.

**The following calendar of events has been adopted by the UMM:**

- Monday, August 26 at 9AM – Host brunch for Hope Preschool Teachers
- Saturday, September 14 at 8AM – Camp Manidokan Cleanup Day
- Sunday, September 22 from 2-4PM – Camp Manidokan 75th Anniversary Celebration
- Saturday, November 2 at 8AM – Regular Breakfast Gathering and Roadside Cleanup Ministry



## Mt Carmel Postcards

Thank you to all who took postcards home to mail to others inviting them to church. There are a few remaining upstairs and down. Please pick up a few and send them to people you have not seen here in a while.



## Opportunities To Serve

Offer rides to those who cannot drive, Be a greeter at the main door on Sunday mornings, Become the Church Council Secretary Help count the offering, Provide refreshments or make coffee on Sunday mornings. Please let Pastor Jeff know if you can help with any of these important ministries.



# AUGUST

## Children's Ministry

I am looking forward to a fun and fulfilling season of Sunday school. We will kick off on September 8. Our kickoff will be a celebration, including snacks, games, and crafts. The Care Team has graciously reached out to support children's ministry. They will sponsor and help with our kickoff.

Our classes are still struggling to rebuild through the past several years of change. We are hopeful to have more consistency in attendance. Encourage your children to invite friends. Please prayerfully consider making a commitment to attending Sunday services & Sunday School classes. All churches of all denominations have had ups and downs beginning 2019; my plea to you is to help our program have a rebirth.

I will continue to remain excited about children's ministry and plan to keep classes fun & fresh while learning about the love of our Lord & Savior. Please pray for us to thrive once again with children and youth.

Peace, Love & Hugs,  
Michele Stine  
Children's Ministry Director

### 2024-25 Children's Sunday School Calendar

**September 8** - Kick Off

**September 15** - We will begin Fruit of the Spirit curriculum

**TBD (Oct/Nov)** - Fall Fellowship Event

**October 1** - Begin accepting Jesse Tree requests & suggestions

**November 17** - Jesse Tree

**December 1** - First Week of Advent

**December 15** - Cookies & Crafts with Claus annual event

**December 29** - Children will worship with their family in services

**January 5 & 12, 2025** - Reflect on 2024 & Our vision for ourselves for 2025

(We will continue to meet in the large Pre-School classroom for 9:30 & 11:00 and break out into groups as needed)

### Volunteer Opportunities

- Sunday School Teacher rotation
- Donate a special craft or a healthy snack
- Make a special ornament for the Jesse Tree
- Ideas and feedback are ALWAYS welcome

*We ♥ our Volunteers*



For more information about the Children's Ministry program or volunteering at Mt. Carmel contact Michele Stine. [Michele.Stine@hopemtcarmel.org](mailto:Michele.Stine@hopemtcarmel.org)





# COMING **NEXT** MONTH

**September 1:** Missionary Julie Wilson coming to share a mission moment during the 9:30am and 11am Services.

**September 1-29:** Stewardship Campaign for 2025

**September 7:** Fall Clean-up Day

**September 8:** Back to Church Sunday  
Sunday School Kick-off

**September 14:** Manidokan Clean-up Day

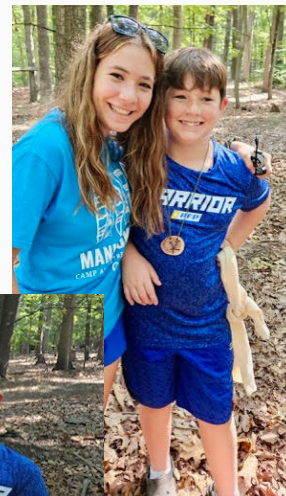
**September 21:** Fall Planning Meeting

**September 22:** Combined Service at Pinecliff Park

**September 22:** Manidokan Camp 75th Anniversary Celebration 2-4pm

**September 28:** Health Fair & Flu Clinic

**Thanks for your prayers and financial donations our kids are having a great week at Camp Manidokan!**



# Worship with Us Each Sunday



## Sunday Services:

**8:15am** Join us in the sanctuary for a small, intimate service and begin your Sunday with Communion, prayer, scripture, and a message weekly!

**9:30am:** Join us in the sanctuary for a traditional service with our choir or bell choir. Adult, children, and youth Sunday school and nursery

**11am:** Join us in the second-floor Great Room for a contemporary service with our Praise Team. Adult Sunday school, Children's Church and nursery

## Facebook Live and YouTube

You can view the 9:30am and 11am services on our Mt Carmel Facebook and YouTube pages each Sunday.

## Giving Instructions:

### Sunday:

Place your offering in the collection plate.

### Your Bank:

You can schedule monthly gifts straight from your bank; this is a secure, no-fee option.

### Vanco:

This provides another secure online option. Follow the link on the church website ([www.hopemtcarmel.org](http://www.hopemtcarmel.org)) to donate through the secure Vanco site.

### GivePlus+ App:

Download the free GivePlus+ mobile app and search Mt Carmel UMC. Log in or donate as a guest.

### Mail:

Mail your offering directly to Mt. Carmel:  
Mt.Carmel UMC, 9411 Baltimore Road, Frederick, MD 21704



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