VOL. 23 ISSUE 8 · SEPTEMBER 2024

THE SUMMIT

A newsletter for the families and friends of Mt. Carmel United Methodist Church

Dear Mt. Carmel Family and Friends,

As Summer wraps up, let me say "Thank you" to people who worshiped at other churches and brought me back bulletins and other info from those churches to help us with some new ideas that we might use here. Also, after I preached about postcards and shared my struggle finding any to buy in Puerto Rico, we have been blessed to have received a couple from members who were on vacation. They are posted on the bulletin board in the Gathering Area. If you are still vacationing in the coming weeks, see if you can find one and send us a card!

We are gearing up to welcome people back to church this month as Sunday school restarts on September 8. The traditional service choir and bell choir will be starting their rehearsals on September 9 and are looking for new singers and ringers to join them. The 11am praise band is also looking for new singers and musicians to join them at their rehearsals on Tuesday evenings. Come help us, "make a joyful noise unto the Lord."

During September our stewardship campaign "Extravagant Generosity" will help us focus on how ministry comes from the heart. Starting the first Sunday, we will ask you to fill out a Heart Card: What do you love about this church? The next week with the start of Sunday school: Who in this church has made a difference in your spiritual life? Then the following week: What is your hope and dream for this church? We will display your answers throughout the Gathering Place and Great Room and use them as the basis for your extravagant generosity to help continue these ministries and help make visions and dreams to come true in the coming years.

Lastly, as we are wrapping up 2024, I realize that some of us get behind on our giving to the church while we are away on summer vacation. My experience has been that churches that lag behind, do faithfully catch up by the end of the year. Let me encourage us all to do that in the coming months. "All's well that ends well!"

Grace and Peace, Pastor Jeff



September 1 Labor Day Weekend Communion Mark 7:1-8, 14-15, 21-23 "Where Does Evil Come From?"

September 8 Rally Sunday 1 Kings 3:3-13 "If You Could Ask for Anything"

September 15 Back to Church Sunday Luke 16:1-13 "Money—The Excellent Gift"

September 22 Pinecliff Park Sunday Matthew 25:14-30 "You Can't Take It with You"

September 29 Commitment Sunday Luke 19:1-10 "How Far Will You Go?"





Missionary Speaker September 1 at the 9:30am and 11am Services

The Rev. Julie Wilson is an ordained deacon from the Baltimore/Washington Conference serving as a program coordinator at the Open Arms Community Center in Winston-Salem, North Carolina. During the 9:30 and 11am services we will hear a mission moment from her and she will be available to talk with people after each service. A special offering will be taken to support her work as a missionary.



Fall Planning Meeting September 21 at 10am

Everyone is invited to come to the Conference Room at 10am and share their hopes and dreams as we look at the remainder of 2024 and the start of 2025 and plan for special events and worship celebrations.



Combined Service at Pinecliff Park September 22 at 11am

As we close out the summer, we will gather once more at the pavilion at the park, though this time we will worship at 11am with a potluck meal at noon. This will be Sharla Worley's last service with us before she moves to North Carolina. We will take time during the service to bless her and send her forth with God's blessing and then ask her to bless our potluck meal. There will be a basket for any cards that people may want to share with Sharla

Hello September

Fall Clean-up Day – September 7

To get ready for the start of Sunday School the next day, people are invited to come and help us do a little work inside and outside the building. A list of jobs is posted on the bulletin board in the gathering hall. Please sign up if there is one you want to work on. If you cannot come on Saturday but want to come in some evening, please indicate that on the sheet.

Camp Manidokan Clean-up Day September 14

To help prepare the camp for Fall and for their 75th Anniversary Celebration the next weekend, the people of the United Methodist Churches across the Frederick District are invited to come to the camp on Saturday, September 14 from 9-noon for a short workday. Weather permitting we will have work outside as well as cleaning cabins, lodges, and the dining hall. Please sign up if you want to join the men, women and youth of Mt. Carmel on this mission project. Lunch will be provided by the camp and so an accurate number of volunteers is appreciated.

Camp Manidokan 75th Anniversary Celebration September 22

Can you believe the camp has been serving children, youth and adults for three quarters of a century? A celebration will be held at the camp on Sunday, September 22 from 2-4. There will be pictures and memorabilia from the early days. Come join former campers, counselors, and staff as we look back and reminisce. But also come to hear about how this summer went and the hopes and dreams for this coming year and years ahead.

That same afternoon the youth in the district will also be at the camp for an Ignite Bonfire to help gather youth and leaders together for some fun and games to get ready for the conference wide Ignite event coming up March 7-9, 2025, in Ocean City.





Care Team Corner

Our second breakfast at Spring Ridge Senior Center was on Saturday, August 3, at 9:30 am. Many thanks to Pastor Jeff, Diane Sweeney (coordinator for the breakfast), Lynn Harden, Barbara Lawson, Trish Mason, and Ann Thompson for helping to prepare and serve the breakfast! 39 residents enjoyed a delicious breakfast and a nice fellowship time. The residents were very appreciative of the breakfast. Our next SRSR breakfast will be Saturday October 5 at 9:30 am and setup will be 8:30am.

We gathered in the loft for our Care Team Meeting on Thursday, August 15. Our next meeting will be held Thursday September. 12 at 6 pm. If you wish to join us for our meeting, please feel free to come to the meeting. We would love to have new members!

Health and Wellness Seminar Saturday, September 28 1-3 PM at Mt. Carmel

The Love For Lochin Foundation, Inc. will be offering free flu shots. Also Dr. Denise Rollins, a Life Coach will be speaking as well as a representative from Mental Health Association.

About The Love For Lochlin Foundation, Inc: Their mission is to prevent, educate, and drive awareness to the deadly impacts of the Flu and Sepsis in Frederick County. In 2020, despite medical care, a beautiful and loving 5-year-old little boy named Lochlin passed away from flu-sepsis. This Non-profit was begun by his parents, William and Brooke DeSantis. They work tirelessly to see that no more lives are lost to the Flu or Sepsis due to the lack of access to resources needed in our community. "L4L" is a Registered 501 (c)(3) Non-profit organization. They are having a huge impact on our Frederick community as their calendar is full through the end of the year. Please check out their website and join us on September 28th for this important and worthwhile event!

FALL LUNCH BUNCH DATES

Lunch Bunch dates and locations have been scheduled through December 2024. Please save the dates on your calendar and join us for lunch and fellowship!! We hope to see you at any of the restaurants listed below. Any questions or to RSVP, contact Diane Sweeney, <u>JRSDBSSweeney@aol.com</u>.

October 22 (Tuesday) at 11:30am Oscar's Alehouse 906 North East Street, Frederick, MD 21701

November 22 (Friday) at 11:30am Twin Arch Tavern 1001 Twin Arch Road, Mt. Airy, MD 21771

December 12 (Thursday) at Noon Morgan's American Grill 11717 Old National Pike, New Market, MD 21774



Ten of our congregation met at The Olive Garden on Thursday August 22 for a delicious meal and time of fellowship!

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Hope 4 Kids Mission

On Sunday, September 15, at both the 9:30 and 11am services, Kelly Herzing, the coordinator will come and share a mission moment about Hope 4 Kids.

Hope 4 Kids is a weekend food program started in 2012 by Mt Carmel and New Market UMC. It provides a weekend package of food to children in our community. School staff identify the needs of these children. Every week, a pack of food is sent home with the child to ensure they have a consistent source of nutrition on days they do not receive school meals.

During the 2023-2024 school year, Hope 4 Kids served around 90 students each week. Those schools served are: Deer Crossing Elementary School, New Market Elementary School. New Market Middle School. Oakdale Elementary School.

Oakdale Middle School, and Blue Heron Elementary School.

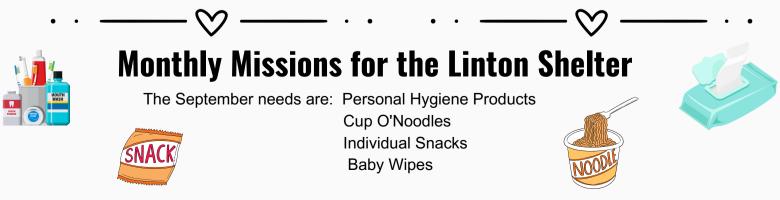
How Can You Support This Important Mission? There are several ways you can support Hope 4 Kids. Food for this program is purchased through the Maryland Food Bank and local stores. It takes around \$15,000 to fund Hope 4 Kids for the school year. Right now, the they have about \$2000. Several community groups also financially support this mission. If you would like to help, make checks payable to Mt Carmel and put Hope 4 Kids in the memo.

You can also help by volunteering to help pack the bags or pick up food at the MD Food Bank or Sam's Club. Both orders are large and can take two vehicles to take the food to New Market UMC. You can also help by attending the monthly packing times. All packings take place at New Market UMC in

the yellow schoolhouse on the second Tuesday of each month at 6pm.

If you have any questions or would like more information on the volunteer positions contact Kelly at hope4kids.foodpacks@gmail.com

The first H4K Packing is September 10 at 6pm in the yellow schoolhouse at New Market UMC. All ages are welcome to join in this fun evening of fellowship and important mission work.



All collections can be dropped in the bin under the coat rack across from the Conference Room. Collections for Spring Ridge Elementary School will begin again in October.

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a weekend food program





PSALM 27:1

Psalm Bible Study

The Bible study of the book of Psalms started on August 20 and will run for 10 weeks (roughly reading 2-3 psalms a day to read all 150). There is an in person class at Spring Ridge Apartments (open to the community) on Tuesdays at 11am and a Zoom option on Wednesdays at 7pm. The Zoom sessions will be recorded and the link is in the Thursday email



Women's Bible Study Group

The LUCY (Learning Under Christ's Yoke) Women's Bible study will meet each Monday, beginning on September 9 from 9:00 to 10:30 am in the Mt. Carmel Loft. We will continue to use our Bibles and the daily devotions from the book Jesus Listens as we learn together in authentic community.



Sunday Bible Studies Resume September 8

The Sunday morning Bible studies will resume September 8 in the Conference Room at Mt. Carmel. Two times are offered: 9:30 to 10:30am and 11:00am to 12:00pm. Anyone interested is invited to come on September 8 to see what Bible study is about and to help select this fall's study topics. Hope to see you there!

Bells, Choir and Praise Team Are Looking For New Members!

Bell Choir practices Monday from 6:15-7:15pm Chancel Choir practices Monday from 7:15-8:30pm If you would like more information about Bell or Chancel Choir, contact Becky DeLameter (<u>rebecca.delameter@fcps.org</u>)

Praise Team practices Tuesday at 6:30pm If you would like more information about Praise Team, contact Devin Inman (<u>devin.inman@hopemtcarmel.org</u>)

Want To Try Bell Choir?

Join Us September 28 from 9am-Noon in the Conference Room for a Bell Workshop. Contact Becky DeLameter for more information



Children's Ministry

I am looking forward to a fun and fulfilling season of Sunday school. We will kick off on September 8. Our kickoff will be a celebration, including snacks, games, and crafts. The Care Team has graciously reached out to support children's ministry. They will sponsor and help with our kickoff.

Our classes are still struggling to rebuild through the past several years of change. We are hopeful to have more consistency in attendance. Encourage your children to invite friends. Please prayerfully consider making a commitment to attending Sunday services & Sunday School classes. All churches of all denominations have had ups and downs beginning 2019; my plea to you is to help our program have a rebirth.

I will continue to remain excited about children's ministry and plan to keep classes fun & fresh while learning about the love of our Lord & Savior. Please pray for us to thrive once again with children and youth.

Peace, Love & Hugs, Michele Stine Children's Ministry Director

2024-25 Children's Sunday School Calendar

September 8 - Kick Off September 15 - We will begin Fruit of the Spirit curriculum TBD (Oct/Nov) - Fall Fellowship Event October 1 - Begin accepting Jesse Tree requests & suggestions November 17 - Jesse Tree December 1 - First Week of Advent December 15 - Cookies & Crafts with Claus annual event December 29 - Children will worship with their family in services

January 5 &12, 2025 - Reflect on 2024 & Our vision for ourselves for 2025

(We will continue to meet in the large Pre-School classroom for 9:30 & 11:00 and break out into groups as needed)

Volunteer Opportunities

- Sunday School Teacher
 rotation
- Donate a special craft or
 a healthy snack
- Make a special ornament
 for the Jesse Tree
- Ideas and feedback are
 ALWAYS welcome





For more information about the Children's Ministry program or volunteering at Mt. Carmel contact Michele Stine. Michele.Stine@hopemtcarmel.org

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October 5:Blessing of the Animals October 6: World Communion Sunday October 13:Homecoming & New Member Sunday October 19: Charge Conference (9am at Brook Hill UMC) October 20: Laity Sunday







Pillow made by our youth in a Care Package recipient's home

A special thank you to our auctioneers Kenny and KJ Stine! The auction raised \$2719 that will go toward the mortgage.



Monthly Breakfast at Spring Ridge Sr Apartments hosted by the Care Team

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Sunday Services:

8:15am Join us in the sanctuary for a small, intimate service and begin your Sunday with Communion, prayer, scripture, and a message weekly!

9:30am: Join us in the sanctuary for a traditional service with our choir or bell choir. Adult, children, and youth Sunday school and nursery

11am: Join us in the second-floor Great Room for a contemporary service with our Praise Team. Adult Sunday school, Children's Church and nursery

Facebook Live and YouTube

You can view the 9:30am and 11am services on our Mt Carmel Facebook and YouTube pages each Sunday.

Giving Instructions:

Sunday: Place your offering in the collection plate.

Your Bank: You can schedule monthly gifts straight from your bank; this is a secure, no-fee option.

Vanco:

This provides another secure online option. Follow the link on the church website (www.hopemtcarmel.org) to donate through the secure Vanco site.

GivePlus+ App:

Download the free GivePlus+ mobile app and search Mt Carmel UMC. Log in or donate as a guest.

Mail:

Mail your offering directly to Mt. Carmel: Mt.Carmel UMC, 9411 Baltimore Road, Frederick, MD 21704



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